

# What Jesus taught me about marriage in just one night!

*5 easy bible principles to revive a frozen seed: a difficult marriage or indeed any relationship (e.g at work or family)*

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# Introduction

Hello, I am Dickson Wasake, a servant of Jesus the Christ. Once, my wife Brenda and I went to visit a couple. After observing us for a while, the wife asked me to counsel them in their marriage. I kind of took it lightly, and prayed a quick prayer for them, but God took it seriously and that night at around 1 am, the Spirit of Jesus woke me up, while Brenda was sleeping and in about 30 minutes he just literally downloaded the outline of each of the 5 principles on how to revive a frozen seed – being a difficult marriage or indeed any relationship. In this message, I tell you:

- How Jesus came to find me and eventually speak to me that night at 1 am.
- The 5 bible principles to revive a frozen seed – primarily a difficult marriage but any relationship indeed – such as a broken family or a challenging work relationship.

## About me

Who am I that Yahweh Nissi – The Lord our Banner should first be kind to me call me his own and then speak to me and give me his words for you?

Before I became a devoted Christian, I spent 20 years of my life searching for a wife. God however rescued me to turn me into his servant and very quickly, I got baptized in May 2017 and 1 months later I married a God fearing woman. Since then, he has given me a message, to go and preach the gospel as a preacher and an evangelist including to his servants whose love for one another has grown cold.

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My wife (Brenda) and I



# God my “sustainer”

**Before I tell you all about the marriage principles, let me tell you how God “my sustainer” (the one who sustains me).**

- God is the one who sustains me in my marriage to the dashing Brenda K. He is the one who led me to Brenda while I was a “player”. The one who shortly after I met her, used her to cause me to get saved. After I got saved, he was the one who told me to fast for 3 days, water only “for my body” the Spirit told me. The one who has sustained me to remain faithful to my marriage vows without cheating from the beginning.
- He has kept me faithful in spite of myself. I also once said something to Brenda that seemed to belittle her value to me. I regretted it and I again realised that it’s God who sustains a marriage for even a happy relationship like ours is just one wrong word, one wrong action, one wrong inaction from being on the path to doom and we’re it not for God, I would fail. I therefore turn to him to teach me how to love my wife, how to speak words of comfort and love to her. He is not only “my sustainer” but my Rabboni! Great and beloved teacher.

# God our partner

That said and done, God absolutely expects us to work as partners with him to build our marriages just like we work hard to build the kingdom even when we know Jesus said on the cross “it is finished”.

- Many marriages unfortunately even those of 20 years move on “cruise control” just waiting for kids to grow or running two separate tracks because they haven’t grasped the bible picture that we work hard – in partnership with God, even if the work is finished or he has done it all.
- In my case, God I have worked hard to study God’s word day and night, in the process given me his words and wisdom as they apply to marriage – which is how he came to speak to me that night.

# God our partner (cotd)

- Well, I think I said a quick prayer for them but God took it seriously because that night the Lord woke me up at about 1 am and in about 30 minutes, he downloaded into my brain all the structure and framework for marriage that I needed to share with them! 30 minutes.
- He was able to do it quickly of course first he is God duh! But more so he was able to quickly reveal to me a number of scriptures to use to help them because I study his word daily, so he had a foundation.
- After I shared them with the wife, I realised the principles are eternal and apply to all relationships including friendships.
- I shared them with 1 other person who was also having marriage challenges and he went “wow”!
- Then finally my wife and I were recently speaking about spiritual gifts, because often we can't see our own gifts but others can and she mentioned that one of my gifts is counsel - advice, encouragement, comfort. So here goes, here are the 5 principles Jesus taught me in just one night!

# 1. Overlooking offences

*Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Col 3: 13 (NLT)*

This verse using a word “make allowance” is saying something like – make room in your heart to forgive. It is saying, expect offence, so prepare by “making room in your heart to forgive”. Too many of us are quick to find fault and never give people space to make mistakes. We forget that we ourselves can be offensive to others – and they just never tell us. If everyone told you all the ways you offended them, who would ever stand?

This issue of overlooking offences is very critical and rightly so number 1. When someone is a great catch, then the 80/20 rule must apply. It means, ignore the 20% bad stuff because the 80% good stuff they do is so much greater. Bring up the 20% only after point 5 below which I will discuss, but otherwise:

- Shout about the person's great qualities from the roof top.
- Let no one else know his /her bad qualities, let none of them come up publicly. Whisper them only to him/her and no one else and only after 5 below.

## 2. Be thankful for everything

*Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. 1 Thess 5: 16-18 (NLT)*

Connected with point 1 above. If someone does something good. Praise them for it. May they know it all the time. Brenda for example tells me all the time: “thank you for choosing me from all the girls”. It sounds so “submissive” and weird, but it just brings out the love in me!

I am thankful for her too because this woman is good and I wouldn't want anyone to steal her so I nurture her and tell her she is amazing. Do the same for your husband/wife, let them feel special. I would go so far as to write down all the great things about him/her and daily pick one, like a menu from your baking book.. and whip up a love recipe of compliments!

Can you think of 50 great things about your husband/wife/father/friend/child? Write them down. Then choose to tell them 1 each day for 50 days. Write and tell me the results. Let me also go and try it!



# 3. Being submissive

*Wives, submit to your husbands, as is fitting for those who belong to the Lord. Husbands, love your wives and never treat them harshly. Col 3: 18 – 19 NLT*

There is an order to the universe and relationships. First comes submission (from the wife), then love overflows (from the husband).

A non-submissive wife is a wife in rebellion against God's representative (the man).

Remember! being Submissive is not subservience or slavery for man and woman are created equal but within that equality is a hierarchy and that hierarchy is what allows love to thrive.

A non-loving husband is in rebellion against his God as he is God's representative.

Submission and love are opposite sides of a coin.

There is a beautiful passage you should read in Philippians 2:5-11 to give you a pattern to see how two people can be equal but one still submits and how that results in love. it's as follows:

# 3. Being submissive (cotd)

*You must have the same attitude that Christ Jesus had. Though he was God, he did not think of equality with God as something to cling to.*

*Instead, he gave up his divine privileges  
he took the humble position of a slave  
and was born as a human being.*

*When he appeared in human form,  
he humbled himself in obedience to God  
and died a criminal's death on a cross. Therefore, God elevated him to the place of highest honor  
and gave him the name above all other names. Philippians 2: 5-10 (NLT)*

This passage shows:

1. Jesus knew he was equal to God.
2. But he deliberately chose to have a different attitude -he humbled himself out of honour and obedience. He submitted himself to God's will, even if he didn't want to die on the cross.
3. In return God demonstrated his love for his son by lifting him up from the lowest place to the highest place of honour.

This is why in God's kingdom, submission and love are two opposite faces of the same coin!

# 4. Love is a doing word not just emotional

Love is a verb, a doing word and not just an emotion and the bible shows this as follows:

*“Since God chose you to be the holy people he loves, you must clothe yourselves with tender-hearted mercy, kindness, humility, gentleness, and patience. Colossians 3:12 NLT.*

Compare it with 1 Corinthians 13: 4-5 (which is part of many wedding vows):

*“Love is patient and kind. Love is not rude. It is not irritable and it keeps no record of being wronged”*

These things, kindness, patience, gentleness you notice are not feelings but rather things people do.. even when you don't feel like it! Feelings follow the action.

Likewise, not becoming irritable, when your feelings say “be irritable, push her away” or keeping no record of being wronged when your feelings say “remind him of what he did 5 years ago”. These are not about feeling but are actions you have to deliberately. Love is therefore a verb – a doing word, not ruled by just emotions.

# 5. Hot holy sex

*“The husband should fulfill his wife’s sexual needs, and the wife should fulfill her husband’s needs. The wife gives authority over her body to her husband, and the husband gives authority over his body to his wife. Do not deprive each other of sexual relations, unless you both agree to refrain from sexual intimacy for a limited time so you can give yourselves more completely to prayer...” 1 Cor 7: 3-5 NLT*

First disclaimer, item 5 which you have been waiting for of course doesn’t apply to work relationships. I am not advocating dishing out sexual favours at work or building “friends with benefits” lessons - But for the unmarried ones, the general principle about this principle could be that you develop a regular routine for getting to know someone else “intimately enough” such that you have secrets only known to the two of you.

Such intimate friendship should be nurtured through regular phone calls, meals together and similar meetings as well as giving of gifts to one another to demonstrate you value the friendship or relationship. When did you last give a gift to your friend, “just for just”?

# 5. Hot holy sex (cotd)

Now for marriages... where sex applies.

- Your body belongs to other. It means give as much of this as possible, even when you don't feel like it. for Sex and marriage is a picture of the unity of Christ and his church and is the mystery glue of marriage. Christ died for us, even when in garden of gethsemane he didn't want to die. Same goes for sex.
- As for frequency of it, there is no guidance from the bible except it says, "do not deprive each other" so both of you should agree on the frequency and don't limit one another, swing from the chandelier if you like, be freaky if you like... by mutual consent, but the principle of it is your body is someone else's and even in this area you can apply the principle to be kind or gentle or patient so that even when you don't feel like that means you do it.
- Furthermore. Consider sex dates or routines. Whether there is a fight on or not, that is out of bounds, the sex must be on tap, on flick... Only after, this is on tap.. Should the 20% faults of your person be brought up as I mentioned in point 1. The point I am driving at is:
- If you must point out someone's faults, bring them up after you have shared a moment of intimacy or love, such that the person knows that the faults come from a place of love – not a place of criticism.

# Conclusion: What is a frozen seed?

**That's the title the Lord wanted me to know about many relationships.**

A seed has within it all the ingredients for life and if you found a frozen seed, you would think it's dead but if you nurture it, then the outside ice melts and you planted it, in it is all the life to sort of "be resurrected" and then grow into a giant sequoia.

That's what most relationships today are like, they are not dead, but our love has gone cold. The good is hidden away, protected by a layer of ice, but exposed to nurturing and then planted in the deep soil of intimacy with the word of God, the ice melts and roots grow deep and planted by the rivers of living waters – the Spirit, it blossoms and grows and bears fruit in all seasons as Psalms 1 shows.

Follow the principles above and you will not grasp to know the secrets to why Brenda has me on a leash. We trust the Lord to daily teach us and sustain us in using the above principles ourselves.

**Next steps:** Choose 1 of the five and master it, then move on to the next and continue on repeat for 1 month/1 week, practicing each regularly in turn and give me feedback if you can please, for then I can continue praying for you in a specific area.

Write to me: [dwasake@shaweleroad.com](mailto:dwasake@shaweleroad.com) so I can pray or counsel with you. Blessings!